

The book was found

# The Power Of Calm (Teaching Self Government 1 Hour Audio Seminars)



## Synopsis

The Power of Calm: a one hour audio class by Nicholeen Peck. When we go speak to people around the country about the style of parenting we live in our home and the family culture we are passionate about, one of the biggest responses we get is, "I think I need self-government myself before I can teach it to my children." This is so true! It is hard to stay calm when you are under pressure and dealing with the stresses of raising children and living in our fast paced world. In this class we talk about how fathers and mothers can tap into the power called "being calm." We also role play how you calm down yourself and your child at the same time without having to lose your control. The first step to great parenting is getting yourself ready for the hard times which will inevitably come. Listen, and learn the power of calm.

## Book Information

Audio CD

Publisher: Teaching Self Government (2010)

Language: English

ASIN: B005ODZWRY

Shipping Weight: 2.1 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,969,968 in Books (See Top 100 in Books) #86 in Books > Books on CD > Parenting & Families > Parenting #18844 in Books > Parenting & Relationships > Parenting

## Customer Reviews

The Power of Calm: a one hour audio class by Nicholeen Peck. When we go speak to people around the country about the style of parenting we live in our home and the family culture we are passionate about, one of the biggest responses we get is, "I think I need self-government myself before I can teach it to my children." This is so true! It is hard to stay calm when you are under pressure and dealing with the stresses of raising children and living in our fast paced world. In this class we talk about how fathers and mothers can tap into the power called "being calm." We also role play how you calm down yourself and your child at the same time without having to lose your control. The first step to great parenting is getting yourself ready for the hard times which will inevitably come. Listen, and learn the power of calm.

[Download to continue reading...](#)

The Power of Calm (Teaching Self Government 1 Hour audio seminars) The Calming Collection - Calm Mom, Calm Dad, Calm Child: Keeping Your Cool With Your Children, Your Family, and Everyone Else in Your Life Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Power Training: For Combat, MMA, Boxing, Wrestling, Martial Arts, and Self-Defense: How to Develop Knockout Punching Power, Kicking Power, Grappling Power, and Ground Fighting Power Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Basic Physics: A Self-Teaching Guide (Wiley Self-Teaching Guides) Astronomy: A Self-Teaching Guide, Eighth Edition (Wiley Self Teaching Guides) Solar Power: The Ultimate Guide to Solar Power Energy and Lower Bills: (Off Grid Solar Power Systems, Home Solar Power System) (Living Off Grid, Wind And Solar Power Systems) Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016 Escape To Calm Adult Coloring Book Set With 24 Colored Pencils And Pencil Sharpener Included: Color Your Way To Calm Rays of Calm: Relaxation for Teenagers (Calm for Kids) Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm) Self Love: Changing Your Life Through Self-Love and Mindfulness (2 Books In 1), Learn How To Love Yourself More, Calm Your Mind, Reduce Your Stress and Live a Happier Life! Life Reframing in Hypnosis (Seminars, Workshops, and Lectures of Milton H. Erickson, Vol 2) (v. 2) Playwriting Seminars 2.0: A Handbook on the Art and Craft of Dramatic Writing with an Introduction to Screenwriting Seminar on Dream Analysis. C.G. Jung (Jung Seminars) (v. 1) Panoramic Radiology: Seminars on Maxillofacial Imaging and Interpretation Travels in Greece and France and the Durrell School of Corfu Seminars -1- Travels in Greece and France And the Durrell School Of Corfu Seminars

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)